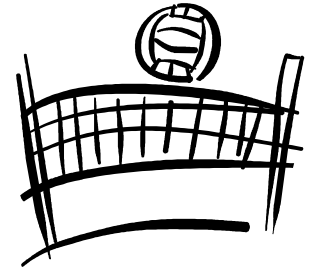


Shen Girls Volleyball Camp

August 6-10 2018

Koda White Gym &

HS East New Gym



Camp Director:

Lori Kessler – Shenendehowa Girls Varsity Coach

Camp Coaches:

The coaches at this camp are from the Shen Girls Volleyball Program, the Shen Boys Volleyball Program, NY Attack Club Volleyball, and are current/former Collegiate/Shen Volleyball Players.

Camp Session: 8:30am – 12:30pm

Cost:

\$175



About the Program:

Intermediate-Advanced Program: *Players will increase their proficiency and execution of individual skills and will also be challenged to improve their play within a team. They will focus on running a fast tempo offense, individual and team defense, specific detail to position, aggressive serving techniques, transition, and serve receive.*

Beginners-Novice Program: *Players will learn the fundamental skills of the sport – passing, serving, setting, and hitting. They will practice team defense, serve receive, basic team rotations, and transition.*

*****A portion of the camp's proceeds will fund the Shen Girls Volleyball Program**

Payment in full and Registration- both due by

Friday, July 13, 2018.

***A payment will only be refunded if a player is injured prior to camp and has a note from a doctor stating that she cannot participate.**

Questions: Please contact Coach Kessler: KessLori@shenet.org